Case Report

Carotid artery disease: AngioCT features

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Abstract

The objective of this paper is to emphasize the AngioCT features of carotid dissection/mural hematoma. The image show an internal carotid artery with narrowly eccentric lumen surrounded by a crescent-shaped hypodense mural thickening, with a visibly enhancing vessel wall. The carotid hematoma is a hypodense mural thickening that leads to expansion of the arterial wall, compression of the lumen and release of thrombogenic factors by intimal damage. Hematoma between the intima and media causes vessel expansion diameter and a narrow eccentric lumen. Peripheral hyper density is due to the contrast enhancement of the vasa vasorum in the adventitial layer. The physician should be familiar with the imagiologic features of carotid arterial disease, due to the different treatment options.

Case Report

A 49-year-old hypertensive female was admitted with left hemiparesis. She had no history of diabetes, dislipidemia, smoking, trauma or cervical pain. Her AngioCT scan showed acute ischemic infarction of the right temporal lobe and severe stenosis at the origin of the right internal carotid artery (Figure 1). The origin of the internal carotid artery had narrowly eccentric lumen surrounded by a crescent-shaped mural thickening, which was less dense than the surrounding structures and had a visibly enhancing vessel wall (Figure 2) [1]. This aspect is specific of mural hematoma.

Systemic intravenous thrombolysis was initiated, but interrupted due to thrombolytic anaphylaxis. The patient was placed on antiaggregation, with a progressive and complete reversion of the left hemiparesis after rehabilitation.

What are the imagiologic features of a carotid dissection? How can we differentiate it from a carotid atherosclerotic stenosis?

Discussion

Carotid mural hematoma can result from vasa vasorum...
rupture or from intimal tear-dissection. The carotid mural hematoma can be identified on the CT scan as a hypodense mural thickening as is visible in this patient (Figure 2). The hematoma between the intima and media leads to expansion of the arterial wall, compression of the lumen and release of thrombogenic factors by intimal damage, promoting local thrombus formation, as reported in this case [1-3]. The hematoma between the intima and media also results in expansion of the vessel diameter and causes a narrow eccentric lumen as it is possible to recognize in figure 2. Alternatively, hematoma between the media and adventitia may lead to aneurysmal dilatation [3,4]. Peripheral enhancement detected on imaging is due to the contrast enhancement of the vasa vasorum in the adventitial layer and is considered a imagiologic characteristic of carotid dissection (Figure 2) [1,2]. Atherosclerotic plaques are usually localized at the bulb, can be heterogeneous or calcified, show no enhancement of the adventitia and do not alter the diameter of the carotid [5]. Other atherosclerotic plaques are very often seen, sometimes contralaterally at the same site. Sometimes atherosclerotic plaque also has ulceration, defined as plaque depression of 2mm deep filled with contrast material, which is a predictor of intra plaque haemorrhage [6].

Internal carotid mural hematoma and dissection can occur spontaneously or associated with trauma, sometimes even minor [1,3,4]. Infections (mainly respiratory), arterial anomalies (such as fibromuscular dysplasia, aortic-root dilatation, bicuspid aortic valve) and inheritable connective tissue disorders have been implicated in the etiology [1,2,4]. The treatment options are thrombolysis, antiplatelet or anticoagulation therapy [4]. Endovascular treatment (angioplasty or placement of a self-expanding stent) is not routinely performed [1]. It can be recommended if symptoms persist despite adequate medical management, if antithrombotic therapy is contraindicated, or when there is evidence of an expanding or dissecting aneurysm and cerebral flow is significantly limited [1-3]. Surgical treatment is limited to recurrent ischemia despite medical treatment due to persistent stenosis or aneurysm and has been replaced by endovascular techniques [1,3,4].

On CT scan the carotid mural hematoma has specific characteristics. The carotid wall is thickness, hypo dense with a peripheral enhancement. The vessel diameter is increased. Recognizing the imagiologic characteristics of carotid dissection and differentiate it from carotid atherosclerosis is mandatory, due to the different treatment options.

The patient in the case report does not have any imagiologic evidence of atherosclerotic plaques neither diabetes, dyslipidaemia nor smoking habits.

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