

Insights on the Depression and Anxiety

Volume: 4, Issue: 1

Mini Review

Published Date: 10/15/2020

[Hormones and depression in women](#)

<p>It is well known that depression is more common in women than in men with more prescriptions for antidepressants, hospital admissions for depression and suicide attempts. However another aspect to be considered is

that depression is different in women than men because women have depressive ...

Research Article

Published Date: 09/28/2020

[Prevalence and measurement of anxiety and depression in nurses during COVID pandemic in Nepal](#)

<h2>Abstract</h2>

<p>Background: Anxiety and depression are under reported, underdiagnosed

mental illness in health worker in Nepal especially during COVID pandemic. The study was carried out as an observational study on nurses in Nepal. In this stud...

Review Article

Published Date: 08/26/2020

[The relationship of cell phone use and aggression among young adults with moderating roles of gender and marital status](#)

<h2>Abstract</h2>

<p>The use of cell phones has remarkably increased in the last two decades with several pros and cons. The

negative consequences of cell phones on mental health have not been studied widely. Aggression, in this regard was a

completely neglected area. The presen...

Research Article

Published Date: 08/25/2020

[Psychological studies of stress experienced by seamen during a long-distance sea voyage#](#)

<h2>Abstract</h2>

<p>The issues investigated in the current study pertain to selected psychological aspects of human functioning

in long-term stress conditions. Results of the analyses performed in this study have submitted evidence to confirm the

hypothesis in which it is state...

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Research Article

Published Date: 05/14/2020

[Socio-demographic characteristics and other factors associated with depressive illness among medical students at the University of Port Harcourt](#)

<h2>Abstract</h2>

<p>Background: The burden of depression as a mental disorder has continued to increase and constituting an enormous public health concern among all age groups. A number of socio-demographic, and other factors including a stressful a...

Short Communication

Published Date: 04/27/2020

[Problems shared in psychiatry helpline of a teaching hospital in eastern Nepal during COVID-19 pandemic lockdown](#)

<h2>Abstract</h2>

<p>COVID-19 pandemic soon apparently proved to be havoc and a great stressor. During such a stressful time, mental health is in threat. Here, we intend to review the presenting problems/ symptoms as shared in psychiatry helpline of a Teaching Hospital in easter...

Research Article

Published Date: 03/10/2020

[Therapeutic application of herbal essential oil and its bioactive compounds as complementary and alternative medicine in cardiovascular-associated diseases](#)

<p>Abstract</p>

<p>Background: Herbal essential oil contains pharmacological benefits for intervention treatment of various diseases. Studies have demonstrated its antimicrobial, antioxidant, and anti-inflammatory effect involving in vitro cell cultu...

Research Article

Published Date: 03/09/2020

[Impact of Christian meditation and biofeedback on the mental health of graduate students in seminary: A pilot study](#)

<h2>Abstract</h2>

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<p>With increasing awareness of the mental health issues among the clergy and seminary students, it is important to explore possible interventions to help address their mental health concerns. This pilot study examined the impact of Christian meditation and bio...

Research Article

Published Date: 03/05/2020

[The different levels of depression and anxiety among Pakistani professionals](#)

<h2>Abstract</h2>

<p>The present study was conducted to examine the relationship between work-stress, depression and anxiety among six major professionals (doctors, engineers, bankers, nurses, teachers, and lawyers). The inquiry included 260 professionals from different private ...

Mini Review

Published Date: 03/02/2020

[Depression as a civilization-deformed adaptation and defence mechanism](#)

<h2>Abstract</h2>

<p>Depression is currently one of the main barriers to further civilizational development. Despite intensive efforts, it is a growing health, social and economic problem. We still lack clarity regarding the ethology of depression and treatment is still mainly s...

Case Report

Published Date: 02/27/2020

[Symptomatic cluster-like headache in Normal-Pressure Hydrocephalus \(NPH\) and possible arteritis: Case report and an overview of the literature on secondary cluster-like headaches](#)

<h2>Background</h2>

<p>Cluster headache (CH) is a primary headache belonging to the group of trigeminal-autonomic cephalalgias, characterized by short attacks of very severe headache, always involving the same side of the head, more frequently localized to the periorbital and te...

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Research Article

Published Date: 02/25/2020

[Translation, adaptation and validation of Depression, Anxiety and Stress Scale in Urdu](#)

<h2>Abstract</h2>

<p>The current study was carried out to translate, adapt and validate Depression, Anxiety and Stress Scale in

Urdu language and in Pakistani culture. The current translation was aimed to produce a more user friendly and clinically applied version of DASS. The s...